

WHAT WE DO

- At-Home Blood Pressure and Blood Sugar Monitoring
- Customized Care with a Maternal Telehealth Nurse
- Support & Education
- Care Coordination
- Maternal Health Services
- Maternal Resources



HOW WE CAN HELP

At-Home Blood Pressure & Blood Sugar Monitoring

You will use a secure app and at-home blood pressure monitor and/or glucose monitor. Your Remote Patient Monitoring (RPM) nurse will monitor your daily readings and contact you as needed. This can catch pregnancy-related health problems early so that they can be treated quickly.

Customized Care

Your maternal RPM nurse will customize your care based on your unique needs.

Support & Education

Learn more about your health and your baby's health to be more informed and advocate for yourself.

Maternal Mental Health

Virtual visits with our mental health providers.



Take this questionnaire to see if this program can benefit you!



Let your provider know that you are interested in maternal remote patient monitoring!

Email: MaternalRemoteMonitoring@umc.edu
Phone: 601.815.2020 Fax: 601.815.2036





For Providers:

Remote patient monitoring (RPM) does not replace in person care. It enhances it by monitoring the patient from anywhere in-between in-person visits.

- Remote monitoring throughout pregnancy and until the last postpartum in-person clinic visit
- Real-time blood pressure and glucose monitoring using safety protocols that align with current ACOG clinical guidelines
- Gestation-specific health education, health literacy assessment, and coaching
- Care coordination and RPM summaries sent on in-person appointment days
- Mental health assessments and services
- Increase patient engagement, accountability, and empowerment
- SDoH screening and assistance with maternal resources

Maternal RPM services are available through the **Univeristy of Mississippi Medical Center's Center for Telehealth and Emerging Technologies.**

Please let us know if your clinic would like more information or an in-service.

Remote Patient Monitoring from UMMC Telehealth:



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